

Cynthia Gale Ballou



Ballou, Cynthia Gale, age 69, of Mt. Juliet, TN, died February 15, 2024. Cindy was born in Nashville, TN, and was the daughter of the late William McCord and Thelma Romans McCord. She was a 1972 graduate of Glenclyff High School, where she met the love of her life in 10th grade. Cindy cherished her children and grandchildren and made every family gathering extra special. She loved cooking and spending time with her close friends and the kids at

RockStar After School program. She is survived by: Husband of 50 years, Eddie Ballou; Sons, Jason (Rebecca) Ballou and Jeremy (Jamie) Ballou; Grandchildren, Alissa, Peyton, Addison, Skyler and Jaxson; Great-grandson, Brexton; Family and friends will gather to celebrate Cindy's life from 2-6 p.m. Monday, February 19, 2024 at Bond Memorial Chapel. Arrangements by **Bond Memorial Chapel, N. Mt. Juliet Road and Weston Drive, Mt. Juliet, TN. (615) 773-2663. www.bondmemorial.com**